

## **EXAMINATION OF CONSCIENCE for kids**

When we think about what we have done that is right or wrong, using the gift from God inside us. We use it before Confession to think about what we've done.

### **Responsibilities to God:**

- Have I prayed every day?
- Do I go to Mass and make Sunday a special day for God?
- Do I use God's name very carefully?

### **Responsibilities to others:**

- Have I been obedient and respectful to my parents?
- Have I lied?
- Have I been stubborn or naughty on purpose?
- Have I talked back to parents, teachers or other adults?
- Have I pouted and been moody?
- Have I been selfish?
- Have I used bad words?
- Have I hit anyone?
- Have I stolen anything? Have I returned it?
- Have I been kind to my friends?